



TEXAS SENTINELS OF LIBERTY

72 HOUR BUG OUT BAG

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Controlled by: TGS



1) SUBSISTENCE

Food (Dried or Canned, MRE's are great) for 1 person. 2-3 gallons of water, along with water purification system(s) and purification tablets. DO NOT forget water bottle.

2) CLOTHING/TOOLS

Clean changes of clothes for 72 hours (clothing must be appropriate to the season, do not bring cold weather gear in July!). Extra boots (1 pair min.) E-tool (small extendable shovel). Extra HAM radio.

3) OIL/GAS/LUBRICANTS

20 gallon container filled with extra unleaded fuel. Extra oil and fluids for your vehicle. NOTE: all extra fluid STAY IN YOUR VEHICLE, not in an actual bag!

4) CONSTRUCTION

Small axe (Hatchet or Kukri, if you do not know what a Kukri is, Google it, it is extremely useful). Extra knife, small cutting knife, Multi-Tool.

5) AMMUNITION

1 full extra loadout. This equates to 7 magazines of 5.56 and 3 magazines of 9mm ammunition. In short, 200 rounds of 5.56 and 50 rounds of 9mm is needed minimum. DO NOT TAKE TOO MUCH AMMO! We are not going to war and ammo gets heavy, you will need the

6) PERSONAL ITEMS

Hygiene Kit. Charge cables for electronics. Extra batteries. Extra medications. Anything you absolutely have to have to survive in Spartan conditions for 72 hours.

7) MAJOR ITEMS

Vehicle. Tent. Portable shower unit. Portable electric power if needed. Sleeping items (bag, cot, etc...)

8) MEDICAL ITEMS

You do not need extra medical items as you will have your Trauma Bag and IFAK with you. However, if you wish to make an extra IFAK or Trauma Bag please feel free to add one to your bag.

9) REPAIR PARTS

Extra batteries for HAM radio. Weapon repair and cleaning kits. Vehicle spare parts and proper inspection.

space for other things!

RECOMMENDED LISTS

2) CLOTHING/TOOLS

Clothing

- Underwear
- Stocks
 - Athletic
 - Wool
- Pants
- Belt
- Long Sleeve Shirt
- Medium Weight Fleece
- Hat with Flex Brim
- Rain Poncho
- Work Gloves
- Shemagh
- Sunglasses

6) PERSONAL ITEMS

Hygiene

- Toothbrush / Toothpaste
- Shaving Kit
- Toilet Paper
- Baby Wipes
- Signal Mirror
- Hand Sanitizer
- All Purpose Camp Soap
- Small Pack Towel
- Shower Shoes

8) MEDICAL ITEMS

First Aid

- IFAK
- Insect Repellent
- Mylar Survival Blanket
- Nitrile Gloves

OTHER

Lighting

- LED Headlamp
- Mini-Mag LED Flashlight
- Mini-LED Keylight Chain
- Candle
- Spare Batteries

Survival / Document Portfolio

- \$500 in small bills
- Local Maps
- Compass
- Notebook & Writing Implements
- Emergency Whistle

Communications

- HT Amateur Radio
- AMRRON Field Guide
- NIFOG AND AUXCOM Manuals
- Extra handheld Radio

Protection & Self Defense

- 5.56 AR-15 Rifle
 - 7 magazines / 210 Rounds
 - 200 Rounds minimum
- Pistol
 - 3 magazines
 - 50 spare rounds
- Tactical Vest